



## Quantification of the heat wave effect on cause-specific mortality in Essen, Germany

**Author(s):** Hertel S, Le Tertre A, Jockel KH, Hoffmann B  
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### Abstract:

The impact of high temperatures on mortality is well known, but not all deaths that occur during heat waves can be explained by this effect. We evaluated whether an additional mechanism caused by periods of sustained heat without nightly cooling influenced mortality during the European heat wave in 2003 and whether this mechanism is different for varying causes of death. We obtained daily counts of total and cause-specific mortality for Essen, Germany, for the years 2000-2006. We used time-series regression methods to separate a possible additional effect of sustained heat from the temperature effect and included air pollution, influenza epidemics, long-term and seasonal trends, days of week and bank holidays as covariates. The maximum daily relative risk of all-cause mortality during the heat wave was 1.28 (95% CI 1.06-1.53). The maximum relative risks of cardiovascular and neoplastic mortality were 1.25 (95% CI 0.95-1.65) and 1.35 (95% CI 1.00-1.82), respectively. The effect on respiratory mortality was delayed; the maximum relative risk was 1.66 (95% CI 1.19-2.23) 6 days after the heat wave. We found that periods with sustained heat especially affected respiratory mortality, whereas for cardiovascular and neoplastic mortality no distinct influence could be shown.

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### Resource Description

#### Exposure :

weather or climate related pathway by which climate change affects health

Temperature

**Temperature:** Extreme Heat

#### Geographic Feature:

resource focuses on specific type of geography

None or Unspecified

#### Geographic Location:

resource focuses on specific location

Non-United States

# Climate Change and Human Health Literature Portal

**Non-United States:** Europe

**European Region/Country:** European Country

**Other European Country :** Germany

**Health Impact:** ☒

specification of health effect or disease related to climate change exposure

Injury, Respiratory Effect

**Mitigation/Adaptation:** ☒

mitigation or adaptation strategy is a focus of resource

Adaptation

**Model/Methodology:** ☒

type of model used or methodology development is a focus of resource

Exposure Change Prediction, Outcome Change Prediction

**Resource Type:** ☒

format or standard characteristic of resource

Research Article

**Timescale:** ☒

time period studied

Time Scale Unspecified

**Vulnerability/Impact Assessment:** ☒

resource focus on process of identifying, quantifying, and prioritizing vulnerabilities in a system

A focus of content